Tryout evaluation form

U12–U14 (ages 11–14) · Formation phase

Player _____ Date _____ Evaluator _____

Category	%	Score (circle one)	Notes
Ball control First touch under pressure, dribbling in tight spaces, receiving and turning	15%	1 2 3 4 5	
Passing & receiving Short and medium range accuracy, weight of pass, passing under pressure, combination play	15%	1 2 3 4 5	
Speed & agility Acceleration, change of direction, recovery runs, speed with the ball	10%	1 2 3 4 5	
Game awareness Positioning, decision-making under pressure, reading the play, off-the-ball movement	20%	1 2 3 4 5	
Tactical understanding Understanding of team shape, transitions, defensive responsibilities, set pieces	15%	1 2 3 4 5	
Coachability Responsiveness to instruction, self-correction, focus and discipline	10%	1 2 3 4 5	
Attitude & leadership Intensity, communication, encouragement of teammates, reaction to mistakes, body language	15%	1 2 3 4 5	

Weighted total _____ **Recommendation** _____

Multiply each score by its percentage and add them up. Example: 4 × 15% + 3 × 15% + 4 × 10% + 3 × 20% + 4 × 15% + 5 × 10% + 3 × 15% = 3.60.

Rating scale

1. **Cannot perform:** Cannot perform the skill at an age-appropriate level
2. **Below average:** Shows inconsistency and limited confidence
3. **Average:** Performs the skill under basic conditions
4. **Above average:** Consistent execution, even under some pressure
5. **Exceptional:** Performs well above age-group expectations

Some players mature early and some late. Game awareness and tactics carry 35% of the score, technique 30%. Do not over-reward physical maturity.