Tryout evaluation form

U10–U11 (ages 9–11) · Foundation phase

Player _____ Date _____ Evaluator _____

Category	%	Score (circle one)	Notes
Ball control First touch, dribbling under light pressure, receiving with both feet	20%	1 2 3 4 5	
Passing accuracy Short-range passing, weight of pass, using both feet	20%	1 2 3 4 5	
Speed & agility Acceleration, change of direction, recovery runs	15%	1 2 3 4 5	
Game awareness Basic positioning, decision-making speed, spatial awareness in 7v7	20%	1 2 3 4 5	
Coachability Responsiveness to instruction, willingness to try corrections	10%	1 2 3 4 5	
Attitude & effort Intensity, body language, encouragement of teammates	15%	1 2 3 4 5	

Weighted total _____ **Recommendation** _____

Multiply each score by its percentage and add them up. Example: 4 × 20% + 3 × 20% + 4 × 15% + 3 × 20% + 4 × 10% + 5 × 15% = 3.75.

Rating scale

1. **Cannot perform:** Cannot perform the skill at an age-appropriate level
2. **Below average:** Shows inconsistency and limited confidence
3. **Average:** Performs the skill under basic conditions
4. **Above average:** Consistent execution, even under some pressure
5. **Exceptional:** Performs well above age-group expectations

Skip position specialization at this age. Look at general skill across every area.